

OUR NETWORK

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REFERRALS

The FRC field staff maintains very close contacts with local agencies, NGO's, INGO's, Government services and other community based organizations in the field. FRC refer clients to other organisations with regard to further medical support, livelihood, vocational training, legal support educational support, & support in relation to spiritual & other basic needs. Clients are referred when it is seen necessary and appropriate for further support. In addition, other service providers (both (I)NGO & Government departments) refer their clients to FRC district offices for counselling.

NETWORKING

FRC continues to increase its networking activities and relationships between legal aid and psychosocial care providers. FRC staff continue to participate in NGO Consortium meetings and in the District/Divisional Psychosocial Forum meetings in district levels.



SUPPORTED BY



FAMILY REHABILITATION CENTRE

OUR MISSION

"To provide holistic treatment and care to those who have been affected by trauma, whilst lobbying and advocating to prevent trauma in Sri Lanka"



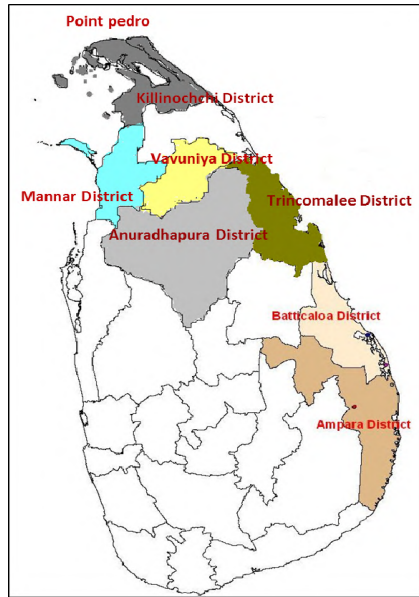
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WHO WE ARE

The Family Rehabilitation Centre (FRC) is a humanitarian, non-profit, non-governmental organization which was founded in 1991 and registered in August 1992. It is an independent organization with its own memorandum and Articles of Association and has been incorporated under section 21 of the Companies Act No. 17 of 1982.

WHERE WE WORK



OUR SERVICES

Rehabilitation

- Identification and provision of psychological treatment for survivors of trauma and the families of victims and survivors of trauma
- Identification and provision of medical treatment and physiotherapy for survivors of trauma
- Identification and provision of psychosocial support for survivors of trauma and the families of victims and survivors of trauma
- Advocacy for the treatment of survivors of trauma and the families of victims and survivors of trauma

Prevention

- Lobbying the judiciary, the Bar Association, the police, the prison services, the state security forces and political parties in Sri Lanka to reduce incidences of trauma in Sri Lanka
- Advocacy on behalf of individuals and communities denied human rights with emphasis on Articles 3, 5, 6, 7, 8, 9 and 10 of the UN Declaration on HR and or affected by trauma

WHO WE SUPPORT

Sri Lankans who have been subjected to trauma and the families of victims and survivors of trauma

- Survivors of war trauma
- Widows and widowers affected by trauma
- Children affected by trauma
- Women and men who have been disabled as a result of the trauma
- Internally displaced persons affected by trauma
- State and non state ex-combatants affected by trauma
- Migrant workers affected by trauma

THE SERVICES WE PROVIDE

- Counselling - Individual Counselling
- Group Counselling
- Medical support
- Physiotherapy
- Relaxation techniques
- Referrals to other organizations & service providers
- Community Awareness Programs

HOW WE PROVIDE THE ABOVE SERVICES

OFFICE CLINICS

Medical Clinic conducted at the office consist of medical, counselling and physiotherapy services provided with the support of a Medical Doctor, Counsellor and Physiotherapist. The Medical Doctor & Physiotherapist treat the clients who are in need of medication & physiotherapy for physical injuries and fractures. The Counsellor conducts counselling sessions to new & on-going clients.



MOBILE CLINICS

A Mobile Clinic is conducted in a village where identified clients find it difficulty in accessing proper transport and health care. Similar services as in the office based clinic are carried out at the mobile clinics in the villages.

COMMUNITY AWARENESS PROGRAMS

As a prologue to the implementation of the mobile clinics and other activities in selected villages, Community Awareness Programs (CAP) are organized to inform the community of the services that FRC provides & the client group they work with. More importantly, CAP help build strong and solid ties with the communities. It also fosters trust between staff and community members, which is an essential requirement to providing quality services to the community. Participants for these programs include Grama Niladhari (GN), religious leaders, leaders of the grass-root/divisional/district level community based agencies, recognized community leaders and community members.

GRASS ROOT LEVEL ACTION COMMITTEE (GRLAC)

The objectives of the GRLAC is to help identify new clients, help organize mobile clinics, inform the community/clients about the mobile clinics, discuss possible ways of supporting clients who have missed clinics, share information on services available for clients and planned activities for the coming month. This committee includes members from Community Leaders, Grama Niladhari, Social Service Officers, Rural and Women Rural Societies, Teachers, Students and Villagers.

CAPACITY BUILDING/ TRAINING PROGRAMS

The overall aim of these programs is to enhance, strengthen and develop the skills of the FRC Psychosocial Workers, Field Officers, Community Volunteers. FRC also provides special training for the Medical Doctors, MOMHs and Physiotherapists who support their clinics with the objective of enhancing and strengthening their existing knowledge and skills on the psychological, psychosocial and medical support needed by survivors of torture & conflict related violence supported by FRC.